

Yoga Workshop in Frisco

ASNAS | PRNAYAMAMS | MEDITATION | YOGIC WISDOM

1st - 4th March, 2018

Timings. THU, FRI: 6:30pm - 9:30pm. SAT, SUN: 9:30am - 1:00pm

Venue: Warren Montessori School, 10247 Warren Pkwy, Frisco TX 75035

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**SRI SRI
SCHOOL OF YOGA**

Register: <https://tinyurl.com/authentic-yoga>

AUTHENTIC YOGA IN ITS PURE FORM

PEACE IS OUR VERY NATURE, AND YOGA LEADS TO INNER PEACE

--SRI SRI RAVISHANKAR

Sri Sri Yoga is a discipline that is both gentle and powerful at the same time. It integrates elements from different paths of yoga to unite the body and mind with awareness. This workshop is suitable for beginners as well as experienced yoga practitioners.

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